

Hours of Operation
Monday to Friday
5:30am – 10:00pm
Saturday & Sunday
7:30am – 5:30pm
Statutory Holidays
9:00am – 2:00pm



YMCA of Central East Ontario
Belleville Branch
433 Victoria Ave
Belleville, Ontario K8N 2G1
Tel. 613-966-9622
Fax.613-962-9247
<http://www.ymcaofceo.ca>
Effective September 11/17 Fall Session

Child, Youth and Family Programs Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
KidsKare	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 12:00pm 5:00 – 8:30pm	8:30 – 1:00pm	8:30 – 12:00pm	
Parent and Tot Drop In		Stay and Play (1-3 yrs) 10:00-11:30am	Story Station (1-3yrs) 10:00-11:00am	Fun Factory (1-3 yrs) 10:00-11:30am		Tumble Tots (1-3yrs) 9:30-10:30am	
Family Drop In	Family Fun Zone 10:45 – 11:30am		Family Fun Zone 10:45 – 11:30am				
Youth Drop In	Youth Drop In Ages 7+ 4:00pm-6:15pm		Youth Drop In Ages 7+ 4:00pm-6:15pm		Youth Drop In Ages 7+ 4:00pm-6:15pm		
Youth Programs	Just Dance (4-6 yrs) 4:00-4:45pm	Tiger Tots (4-6 yrs) 4:00-4:30pm 4:30-5:00pm	Drama (7 & up) 4:30-5:30pm	Basketball 4:00-4:45pm (10-13 yrs) 4:45-5:30 (7-9 yrs)	Parent's Night Out Oct 20 – 6:00-9:00pm Nov 24– 6:00-9:00pm Dec 15 – 6:00-9:00pm	Just Dance (4-6 yrs) 9:00-9:45pm	Y-Tri 1:00-2:25pm (10+) 1:00-2:25pm (19+)
	Youth Dance (7-9 Yrs) 4:45-5:30pm	Soccer 4:00-4:45pm (10-13yrs) 4:45-5:30pm (7-9 yrs) 5:30-6:15pm (4-6 yrs)	Sportsmania 4:00-4:45pm (10-13 yrs) 4:45-5:30pm (4-6 yrs) 5:30-6:15pm (7-9 yrs)	Kidnastics (4-6 yrs) 5:30-6:15pm 6:15-7:00pm		TAG (10-13 yrs) 10:00-11:30	
	Sportsmania 4:00-4:45pm (10-13 yrs) 4:45–5:30pm (4-6yrs) 5:30-6:15pm (7-9yrs)	Youth & Family Martial Arts 7yrs and up 5:15-6:15pm	TAG (7-9 yrs) 6:00-7:30pm	Gymnastics 4:00-4:45pm (10-13 yrs) 4:45-5:30pm (7-9 yrs)		Saturday Morning Club 10:15-11:00am (4-6 yrs) 11:00-11:45am (7-9 yrs)	
	Yoga for Youth 7+ 5:30-6:15pm	Artrageous 5:30-6:15pm (4-5 yrs) 6:30-7:15pm (6-8 yrs) 7:30-8:15pm (9-13 yrs)	Just us Guys (7-13 yrs) 5:30-7:00pm	Science 4:00-4:45pm (4-6 yrs) 5:00-5:45pm (7-9 yrs) 6:00-6:45pm (10-13 yrs)		Sportsmania 10:15-11:00am (7-9 yrs) 11:00-11:45am (4-6 yrs)	
	Y-Read 6:30-7:30pm (7-9 yrs) 7:30-8:30pm (10-13yrs)	Yoga for Youth 7+ 5:30-6:15pm	Teen Strength (10-14 yrs) 4:00-5:00pm	Teen Strength (10-14 yrs) 5:30-6:30pm		Ball Hockey 10:15-11:00am (4-6 yrs) 11:00-11:45am (7-9 yrs) 11:45-12:30pm (10-13 yrs)	
		Youth Leadership (11-13 yrs) 6:30-8:30pm				Snack Attack 7+ 11:30-12:15	
			LIT (14-16 yrs) 6:30-8:30pm				



Each One Teach One

The YMCA has partnered with the Belleville Rotary Club to provide a one-on-one literacy tutoring program. Students will receive a tutor who will work with them twice a week for an hour. All YMCA tutors are volunteers who have completed the Each One Teach One Training Program and have a clear criminal reference check.

Mondays and Wednesdays 3:30pm-6:00pm.

PA Day Program

The camp experience is hard to beat! Memories of special friends and learning new skills – that's what its all about! A Camp Day includes swimming, outdoor activities, group games, crafts and more.

Ages 4-13

7:30am-6:00pm

September 29/17

October 27/17

November 24/17

For registration and more information please stop in at the Membership Service Desk.

Birthdays At the YMCA

Book a birthday with the YMCA! Birthdays can be booked on Saturdays or Sundays and include:

Option 1: 3 hours – 1:00pm-4:00pm – 1 hour of Gym Activities, 1 hour of swim, 1 hour in the party room, party host, pizza and juice.

Option 2: 2 hours -1:00pm-3:00pm – 1 hour of Gym Activities, 1 hour in the party room, the party host, pizza and juice

For more information please contact us at the Membership Services Desk or call us at (613)966-9622.

Babysitting Course

The babysitters course is designed to help you become confident and prepared to care for children of various ages, apply First Aid skills and what to do in emergency situations.

Registration Required

Ages 12+

9:00am-5:00pm

YM- \$40.00 NM-\$50.00

Belleville – November 25/17

Quinte West – September 23/17

Parents Night Out

This special program allows parents to have a night out without hiring a babysitter. The program will treat the children to a night of fun activities including gym games, crafts and swim in a safe environment supervised by YMCA certified and trained staff.

Registration Required

Ages 4-10

6:00-9:00pm

YM-\$5.00 per child NM-\$7.00 per child

October 20/17

November 24/17

December 15/17

Home Alone Safety Course

This program will introduce and reinforce ideas to build confidence in young people who spend time at home alone. Includes home and fire safety.

Registration Required

Ages 10+

9:00am-3:00pm

YM – No Charge NM - \$50.00

Belleville – September 30/17

Quinte West – November 4/17